



SPA

PECHANGA



Welcome to Spa Pechanga

Welcome to Spa Pechanga, a stunning retreat nestled in the mountains of the Temecula Valley. The desert climate coupled with tranquil breezes offers the ideal setting for year-round rejuvenation. Our 25,000 square foot facility features three signature suites overlooking pristine views of Pu'eska Mountain, the sacred site of the Luiseño Indians. We offer luxurious treatment rooms and relaxation areas featuring floor-to-ceiling windows overlooking breathtaking vistas. Relax under the Southern California sun at our private, outdoor spa, pool and wellness patios. Enjoy all of our amenities including eucalyptus steam rooms, dry saunas, whirlpools, fitness facility, group exercise classes, and more. Our resort sanctuary provides an unrivaled experience in luxury, wellness, and serenity.



Spa Pechanga is inspired by the reverence for native botanicals and the strength of the Great Oak known as Wi'aasal. Our therapies integrate the healing powers of nature and the highest quality of service. We inspire mindfulness and well-being throughout our spa offerings. Connected to our roots, the following treatments invite you to calm the mind, nurture the body and rejuvenate the spirit.

Signature Body Rituals

THE GREAT OAK PURIFICATION

Our appreciation for the Great Oak inspires this purification ritual. Close your eyes and inhale the fresh grounding aromas of our “tree of life.” Experience an invigorating dry brush exfoliation, followed by a warm sage and lavender-infused clay wrap. Relax in the healing warmth of clay as chia seed extracts and jojoba oil are gently massaged into the scalp. After the clay is removed, enjoy a full-body Himalayan salt stone massage using warm oil infused with native white sage, exclusively pressed. Conclude this ritual with a specialty tea made with rosehip, rich in protective anti-oxidants.

110 MINUTES

ACORN & WALNUT RENEWAL

This nourishing and skin-refining treatment features the essence of native white sage, acorn and walnut. Our exclusively blended walnut and acorn scrub leaves skin silky smooth and revitalized. This naturally exfoliating botanical polish increases circulation and promotes physical and spiritual well-being. Once the skin has been renewed, enjoy a custom pressure massage. As the mind and body relax with the aromas of lavender and sage, receive a conditioning warm argan and kukui nut oil hair and scalp massage, bringing balance to the body and spirit.

80 MINUTES

CHIA FIRMS THERAPY

This dual treatment begins with chia seed and orange oil to lift and tone the skin, creating a tightening effect and a more youthful appearance. Then chia seed compresses soothe, while a specialized massage technique enhances the extraordinary benefits of the native botanical.

50 MINUTES



Signature Experiences

WAVES OF SOUND MESSAGE

Begin this unique experience in supreme comfort with our zero-gravity relaxation chair. Waves of sound and music usher you into a soothing, relaxing massage. This sensory experience lulls the mind into a deep state of inner peace and calm. After unwinding for 20 minutes, begin a nurturing and therapeutic massage for the entire body. A master therapist utilizes a variety of bodywork modalities with customized pressure to suit individual needs. To enhance the experience, choose from one of our signature native essential oil blends.

80-110 MINUTES

AROMATIC ALCHEMY

This aromatherapy journey begins by using the Intentional Aromatherapy App to create a custom blend. Use your intuition as a guide to find a recipe that is personalized and unique. Utilizing an array of 25 different essential oils and botanical extracts, an alchemist creates an aromatherapy experience to promote wellness of the body, mind and spirit. A master therapist uses this dynamic blend in a full-body massage or body treatment customized to the individual's needs.

80-110 MINUTES



Signature Suite Experiences

An exclusive space to be enjoyed with your companion or by yourself, our Signature Suites overlook pristine views of Journey and Pu'eska. Please contact your spa concierge to create your ideal suite experience.

SUITE ESCAPE

Our signature couples experience begins with a crushed grape body buff infused with our 'I LOVE' blend of essential oils. You will then be painted with a fine warm mineral clay. Relaxed and hydrated, you both enjoy a synchronous massage achieving peace and tranquility. As a finale, escape from thought with a scalp massage and decadent hand and foot renewal. Revel in the romance as you enjoy chocolate covered strawberries and champagne with an additional 20-minutes in our Signature Couple Suite.

110 MINUTES

COUPLES MASSAGE

Enjoy any choice of massage or body treatment in our luxurious Signature Suite while laying side-by-side with your companion. *Enhance your experience with our Suite Retreat

50-80 MINUTES

Enhancements

Suite Retreat

Couples can upgrade the experience with additional time in our luxurious Signature Suite. Enjoy champagne and the choice of chocolate-covered strawberries or fruit platter.

20 MINUTES





Body Treatments

PRICKLY PEAR

A luxurious and gentle body polish, using sugar enriched with jojoba and native prickly pear essential oil. Followed with a hydrating lotion leaving skin beautifully conditioned and satin-soft.

50 MINUTES

TURQUOISE SAGE

An invigorating and detoxifying pacific salt infused with lavender and white sage oils exfoliate the skin. Followed with a rich shea and jojoba butter application leaving your skin renewed.

50 MINUTES

CITRUS DRENCH

A deeply hydrating body scrub and wrap combination ideal for skin needing intense hydration, producing instantly firming results. Natural ingredients such as shea and vitamin C protect the skin from dryness, while correcting damage caused by the sun.

50 MINUTES

GOLDEN GLOW

Our professional, sunless tanning line offers advanced organic, skin finishing and complexion-enhancing treatments. All organic extracts hydrate and nourish the skin, while fast-drying solutions give a natural glow. Prior exfoliation is recommended.

20 MINUTES

Massage Therapies

TRADITIONAL MASSAGE

This classic massage promotes relaxation with gentle, long strokes. The therapist focuses on areas that require the most attention, improving circulation and relieving stress.

50-80 MINUTES

THERAPEUTIC MASSAGE

Our potent arnica-infused oil is the perfect accompaniment to this performance-enhancing massage. Using classic combinations of sports stretches, compressions and deep tissue techniques, the therapist restores mobility, vitality and body comfort. Organic essences of sage and lavender relieve tension from the muscles and joints, while the wintergreen soothes tender spots. This is perfect after a day of golf and activity.

50-80 MINUTES

HIMALAYAN SALT STONE MASSAGE

Drift into relaxation while soothing the central nervous system and nourishing depleted cells. Salt stones from the Himalayan Mountains stimulate specific meridians in the body to induce deep relaxation, reduce inflammation and improve sleep. Our signature “tree of life” essential oil enhances this restorative massage.

50-80 MINUTES

BALANCING STONE MASSAGE

Basalt stones, also known as the Grandfather stones, are considered to be the oldest manifestation of life on earth. They are commonly regarded as powerful objects of knowledge and intuition. These stones ease tension, melt away stiffness, increasing circulation, and balance the energy of the body. A master therapist uses complementary modalities to reduce stress and promote deep relaxation. Our exclusively pressed native white sage oil enhances this detoxifying massage.

50-80 MINUTES

MOTHER-TO-BE MASSAGE

Our blend of soothing and comforting botanicals - safe for mother and baby- are designed to help relax, nurture and touch the heart. A natural anti-stretch mark balm, crafted with rosehip and organic virgin coconut oil, complete this pampering retreat. This treatment is recommended during the second and third trimester.

50 MINUTES

HEALING HONEY MASSAGE

This healing ritual integrates a rhythmic full-body massage using warm, natural honey. A master therapist employs myofascial techniques that relieve tension by smoothing muscle tissue and increasing micro-circulation of the body. The unique therapy continues with a beeswax thermal pad over the back that infuses propolis into the dermis, boosting the immune system and softening the skin. Additionally, a hydrating milk and honey facial mask is applied with carefully selected, naturally active ingredients that exfoliate and nurture the skin.

80 MINUTES

Signature Skincare

TRANSFORMATIVE TRIO

Experience the ultimate in skincare with our exclusive treatment that merges three cutting-edge technologies into one elite experience. Begin with the exfoliating and ultra-refining Hydrafacial™. Then enjoy the warmth of Lightstim™ therapy which rejuvenates, repairs and energizes your cells. Meanwhile, a therapist applies a renewing hands and feet paraffin alternative. Conclude this luxurious experience with Hollywood's favorite infused oxygen treatment, Intraceuticals™. A targeted cocktail of results-driven ingredients plumps and refines the skin, producing instantly gratifying results.

90 MINUTES

HYDRAFACIAL™

This multi-stage treatment uses a series of vortex technologies to exfoliate and extract impurities. Skin is replenished with antioxidants, peptides and hyaluronic acid. The result is noticeably clearer, hydrated and youthful skin with absolutely no downtime.

30-50-80 MINUTES

INTRACEUTICALS™

The flow of oxygen powers this luxurious, instantly hydrating facial experience. Results in undeniable lifting and toning. Fully rehydrated skin is not just smooth – it is firm, lit and magically gravity-defying. This is a perfect treatment prior to any event, as it leaves the skin camera-ready. No filters needed!

30-50-80 MINUTES

DIAMOND EXPERIENCE

This luxurious experience with regenerative, energizing actions will provide an immediate lifting effect. Powerful active ingredients combined with innovative massage techniques instantly firm the skin and dramatically reduce wrinkles and expression lines. This exclusive treatment restores skin tone and luminosity while preserving long-lasting hydration and improving elasticity.

80 MINUTES



Personalized Skincare

PECHANGA TRADITIONAL

A truly exquisite experience. This customized facial smooths and repairs skin with powerful antioxidants and effective moisturizers. The skin is cleansed of impurities and then treated for personalized needs. A massage stimulates cell regeneration and lifts the skin into perfection.

50 MINUTES

THE CURE

This meticulous ritual begins with a deep-cleanser that detoxifies the skin and relieves stress. A steam-activated enzymatic detox process uses heat to open and soften pores while botanical extracts purify and minimize the pores. This revolutionary concept pampers the skin and allows it to reach maximum purity.

50 MINUTES

YOUTH RENEW

Our experienced esthetician chooses from our potent anti-aging remedies to target specific needs. Choose Botinol - an innovative anti-aging treatment boosted with retinol, alpha-lipoic acid and five peptides. The combination visibly reduces expression lines, fine lines and wrinkles. Experience Collagen 911 - a treatment designed to minimize visible lines and wrinkles and to tighten the skin for a more youthful, flawless appearance. Hydrate your skin for a plumper, firmer, more radiant complexion.

80 MINUTES

SPICY & ICY

A results-oriented facial uses active AHA Fruit Pulp Peel with a layer of Hungarian Paprika Treatment to naturally exfoliate, oxygenate and detoxify the skin. A fruit or herbal masque highly infused with vitamins and antioxidants restores vitality and leaves skin radiating from within. Meanwhile, a whipped moisturizer suited to skin type gives hydration. Cool marble stones are gently placed around the face and eyes to improve skin tone and to relieve puffiness and dark circles. Enjoy a more balanced, revitalized and glowing complexion for days to come.

80 MINUTES



Enhancements

Some enhancements may be included with your treatment, while some add additional time.

Arnica Muscle Relief

An arnica salve and gel are combined for a high-impact muscle relief duo.

Fore the Golfer

Specially designed massage rollers stretch and release soft tissue, speeding recovery for the next round.

Synchronized Massage

This massage is performed rhythmically and synergistically by two therapists. It is the ultimate in indulgence – the perfect unwinding experience for the spa connoisseur.

Gold or Diamond Collagen Mask, Eye, or Lip Treatment

Indulge the senses and pamper the skin with a transformational 24K Nano Gold or Diamond Radiance Mask, providing moisture and reducing the appearance of fine lines and wrinkles.

Hand & Foot Renewal

Our paraffin-alternative leaves hands and feet silky-soft and protected. (15 MINUTES)

Coconut Kukui Hair & Scalp

The ultimate hair and scalp treatment leaves hair shiny and strong. (15 MINUTES)



Coastal Caress

A fine blend of re-mineralizing pacific salts renews and refreshes the complexion, resulting in satin-soft skin. Perfectly preparing for any of our exceptional massage therapies. (25 MINUTES)

Rosemary Foot Reflexology

Our reflexology service restores energy and balance throughout the body. A thumbing technique stimulates specific points on the feet to release blockages and balance energy channels. (25 MINUTES)

Perk™ Lip or Eye Lift

Lightly plump lips or replenish the eye area,. Perk™ uses patented roller-flex technology to replenish skin with vital antioxidants and nutrients. (15 MINUTES)

Lightstim™ Therapy

This patented LED Light Therapy firms and tones aged skin, reduces pore size, smoothen texture, increases elasticity, and produces a youthful radiant glow. (20 MINUTES)

Waxing Services - Please refer to our pricelist

Salon Services

Spa Pechanga's stunning salon features floor-to ceiling windows and unrivaled service.

Our full-service salon features cutting-edge hairstyling, barber services, manicures, pedicures and make-up artistry. Our skilled technicians are committed to achieving the most gorgeous you.

Nails

CITRUS LAVENDER LUXURY

Revitalize skin and stimulate the senses with our luxurious orange peel scrub preparing the skin for a rich honey lavender hydrating treatment. Drift into relaxation as a lavender-scented neck pillow soothes, while tired hands and feet enjoy heated stone therapy. Conclude with our citrus-scented cream.

Manicure—50 MINUTES

Pedicure—65 MINUTES

SCENTS OF THE SEASON

We offer a seasonally inspired treat for hands and feet.

Manicure—30 MINUTES

Pedicure—50 MINUTES

MINDFUL MEDITATION

Enjoy a guided meditation while the hands or feet are expertly manicured.





Hair

If you are looking for a subtle change or complete makeover, our skilled stylists will identify the optimal color, style, shape and texture to deliver your dream hair. Begin with a personalized consultation and inspire a style that best suits the true you.

SELECT SERVICES

Wash & Blow Out

Shampoo, Cut and Style

Full color and color retouch

Highlights

Ombre or Balayage

Up styling services

ENHANCEMENTS

Keratin Hair Mask

Moroccanoil™ Repair or Hydration Mask

Conditioning Tea Tree Scalp Treatment

*View full offering on price list

Makeup

Our professional makeup artists will personalize your look and accentuate your best features. Look flawless for any occasion. Please share your desired look with a Spa Pechanga artist.

**Available In-Room or in our Salon*

Gentlemen's Services

CLASSIC HAIRCUT

Shampoo, condition and hot towel finish.

DELUXE HAIRCUT

A five minute neck and shoulder massage, shampoo with a five minute scalp massage, conditioner and a hot towel finish.

CLASSIC SHAVE

A hot towel and lather, straight-edge razor shave with a hot towel finish.

DELUXE SHAVE

A five minute scalp massage, hot towel and lather treatment, straight edge razor shave, hot towel, second shave, hot towel finish.

FACIAL TREATMENT

In-depth cleansing, exfoliation, hydration, and rejuvenation with a neck, shoulder and scalp massage.

50 MINUTES

MAN-ICURE – 20 MINUTES

MEN'S PEDICURE – 35 MINUTES



Packages

BE CELEBRATED

Celebrate life with those you love. Enjoy your choice of a 50-minute massage or a 50-minute facial along with a celebratory toast while enjoying your wellness breakfast or lunch on our poolside private pool or patio.

50 MINUTES

BE YOUTHFUL

Find the fountain of youth with a renewing 50-minute body treatment or massage and personalized 50-minute skincare selection. Finish this rejuvenating journey with our Luxury Pedicure. You will leave restored and revitalized with a youthful glow from head to toe.

Allow for 3 ½ hours

BE BEAUTIFUL

The ultimate day of beauty includes your choice of a 50-minute spa treatment. Continue your journey and pamper your hands and feet with our seasonal manicure and pedicure. Before you depart, get gorgeous with a personalized hairstyle to complete your rebirth.

Allow for 3 to 3 ½ hours

BE HANDSOME

Especially tailored for a man's needs. Relax with a 50-minute massage or a 50-minute Men's Facial Treatment. Continue your journey with a Man-icure and Men's Pedicure customized to pamper tired hands and feet. Complete the experience with your Barber's Deluxe Haircut or Shave.

Allow for 3 to 3 ½ hours

**Packages include selected treatments*

Fitness & Wellness

Optimizing wellness is our priority. Our upscale fitness center offers a variety of state-of-the-art equipment and is available to our Resort Guests (18 and over) twenty-four (24) hours a day, seven (7) days a week with a valid room key.



Spa Etiquette Guide

Reservations

We strongly encourage an advanced reservation to ensure preferred treatments and therapists. A credit card is required to schedule and guarantee your reservation. If you have special requests, gender preference, physical ailments, disabilities, allergies or if you are pregnant, please inform your spa concierge at the time of reservation to allow us to prepare the best possible treatment for you.

Guests must be 18 years or older to access Spa Pechanga. To reserve your experience, please call Spa Pechanga at 951.770.8501 or extension 8501.

Cancellations

A twenty four (24) hour cancellation policy is enforced for all appointments as a courtesy to the therapist who is providing your treatment. Cancellations within the four hours will result in a full charge to the credit card on file.

Arrival

We encourage you to come and enjoy our facility for the entire day. Please arrive at least 30 minutes prior to your spa treatment and 15 minutes prior to your salon service. As a courtesy to the next guest, late arrivals will end as originally scheduled.

Facility

We offer co-ed relaxation lounges, a patio, an outdoor pool and whirlpool, a state-of-the-art fitness facility, and separate men's and women's wet areas that include showers, steam rooms, dry saunas, and whirlpools. Heated wet facilities are not recommended for some. Please consult with your doctor prior to enjoying these amenities. We provide our guests with a spa locker, robe and sandals. We kindly ask that you do not bring valuables as Spa Pechanga will not be responsible for misplaced items. Please enjoy complimentary infused waters, teas and snacks. Our Spa Wellness menu is available for breakfast and lunch.

Peace and Privacy

To preserve the privacy and tranquility of the spa environment please refrain from the use of cellular phones inside our spa locker room and relaxation areas. We ask that you speak quietly throughout the spa, particularly in the relaxation and treatment areas. As a courtesy to our guests, we are a smoke-free environment and ask that guests do not smoke at the spa pool or on spa patios.

Treatment Recommendations

It is customary to disrobe for your spa services, although you may wear undergarments if preferred. Throughout your treatment your body will be professionally draped and never fully exposed. Communication is important in achieving relaxation. Before your treatment begins, inform your therapist of any areas that require specialized attention. During your treatment, be sure to tell your therapist if you experience any discomfort.

Gratuities

Gratuities are a matter of personal discretion and should reflect satisfaction with your service.

Fitness Center

Located at the entrance to Spa Pechanga, our Fitness Center features state-of-the-art equipment, including cardio machines, Peloton indoor exercise bikes, weight training machines, free weights, and strength and conditioning equipment. Hotel guests **(18 years and older)** may enjoy complimentary 24-hour access to the fitness center with a valid hotel room key. For your safety, proper close-toed fitness shoes and clothing are required.

Hours

Spa and Salon Hours: 8:30AM–8PM daily

Fitness Center Hours: 24 hours with key access

*extended hours during holidays and peak weekends

*Prices, hours and treatment availability are subject to change.







PECHANGA
RESORT CASINO.™

45000 PECHANGA PARKWAY • TEMECULA, CA 92592
951.770.8501 • 877.711.2WIN EXT 8501 • SPAPECHANGA.COM

Pricing and/or services may change without notice. Management reserves all rights.