



BREAKFAST

7ΔM - 11ΔM

ALL ITEMS SERVED WITH A FRESH FRUIT CUP

S GF VG Vegan Chorizo Scramble \$13

Mushroom vegan chorizo & tofu scramble over country potatoes with bell peppers and onions, topped with sliced avocado

◯ GF VG Tofu Scramble \$13

Choice of four ingredients: asparagus, mushrooms, tomatoes, onions, spinach, peppers, Brussels sprouts, sweet potatoes, avocado

G Garden Skillet \$13

Sautéed vegetable hash of fresh bell peppers, asparagus, wild mushrooms, Brussels sprouts and sweet potatoes topped with two eggs any style and finished with sliced avocado

○ Vegetable Quiche \$13

A flaky pastry shell filled with a wild mushroom, leek, and spinach egg custard, topped with melted gruyere cheese

LUNCH & DINNER

11AM - CLOSE

STARTERS

Nediterranean Hummus \$8

House made harissa spiced hummus served with rainbow carrots and cauliflower, finished with toasted pepitas, served with hand-made grilled flat bread

GF ○ Caprese Salad \$8

Layers of fresh sliced roma tomatoes, soft buratta cheese, and whole leaf basil topped with cracked black pepper and a balsamic reduction

SOUP/SALAD

GP Sutternut Squash Soup \$8
Topped with sherry crema

6 ☐ Quinoa Crunch Salad \$9

A blend of white quinoa and crispy puffed red quinoa, shaved Brussels sprouts, grapes, and arugula, tossed in an avocado green goddess dressing, finished with feta cheese and candied walnuts

GF Strawberry Fields \$9

Fresh strawberries, crisp sugar snap peas, and caramelized almonds tossed in a creamy poppy seed dressing and served on a bed of arugula and radicchio greens.

GF VG Garden Salad \$9

Dressings: Caesar, blue cheese, ranch, green goddess, sherry vinaigrette

Fresh mixed greens, heirloom cherry tomatoes, Persian cucumbers, hearts of palm, and radishes all tossed in a dressing of your choice.

ENTREES

© GF VG Lettuce Wrapped Plant-based Burger \$16

A plant-based burger patty topped with tomato, onion, pickles, and a spicy hummus spread wrapped in iceberg lettuce and served with farmers vegetables

Mushroom Wellington \$14

A wild mushroom mix wrapped in a flaky puff pastry served with braised swiss chard, roasted carrots and cauliflower and topped with a balsamic reduction

☞ Vegetable Baked Penne Pasta \$14

Gluten free penne pasta tossed with mushrooms, olives, root vegetables, and spinach in a sweet potato romesco sauce and topped with melted mozzarella cheese

SIDES

© GF VG Farmers Vegetables \$6 Chef's Seasonal Selection

№ Mushroom Rice \$6

Basmati rice, mushrooms, leeks and soy truffle glaze

DESERTS

GF 🔊 Flourless Chocolate Cake \$8

Topped with fresh berries, whipped cream and chocolate tuiles

S GF VG Coconut Panna Cotta \$8

Topped with fresh berries and toasted coconut